Understanding Emotion in a Restorative Framework

Event Overview:
This training can assist teachers in understanding the emotional context of humans, how our defenses dictate our responses to situations, how our responses to shame impact on our behaviour and the role of restorative practice in managing emotions and discharging negative emotion and shame.

Who can participate?
A whole school/college may wish to access this professional learning to be incorporated into a professional learning day or staff meeting. It is recommended that all levels of staff attend any training, especially including leadership.

How the program will be structured?
This presentation is able to be structured within a one hour session, suitable for staff meetings or may be extended to a half day or a full day by combining with practice and role plays of restorative processes and/or combining with understanding the philosophy and framework of restorative practice.

The program is designed to:
Help all participants gain a greater knowledge of their own emotional responses to situations and assist in understanding the responses of others. The intention is to gain some emotional space from situations and to structure systems and processes which are democratic and allow all people, teachers, students and parents to negotiate difficulties and solve problems. The use of the Social Discipline Window allows teachers to privately measure their own interactions and the use of the Relationship Window refers to the organizational framework of staff management.

What is expected of the participants?
Participate in activities and formulate questions for the trainer if there are difficulties in seeing the purpose or relevance of the approach.

What is required of the Principal?
To request such training if it is recognized that staff members would benefit from a greater understanding of their own emotional responses and would in turn be able to apply this knowledge to interactions with others.

What you can expect from the CEOB:
Training provided by Susan Renn at a time and location suitable for the school.

Registration:
Schools and Colleges interested in Restorative Practice are asked to express interest through their local Education Consultant.

Endorsement
Leigh Mitchell